

DIRECTIONS TO COOKEVILLE REGIONAL MEDICAL CENTER EDUCATION CENTER

FROM NASHVILLE TO CRMC

Take I-40 East to Cookeville (approximately 80 miles). Take Exit 286 (So Willow Ave). Turn left at the light. Go through seven traffic lights. Past the 7th light, turn right on Fourth Street. Hospital will be on your left on 4th Street, between Hickory and Cedar Streets. One of the parking areas is to your left at 4th Street & Oak.

FROM KNOXVILLE TO CRMC

Take I-40 West to Cookeville (approximately 90 miles). Take Exit 287 (Hwy 136 North). Turn right. Follow directions "From Baymont Inn," except it will be a little less than 2 miles to the town square.

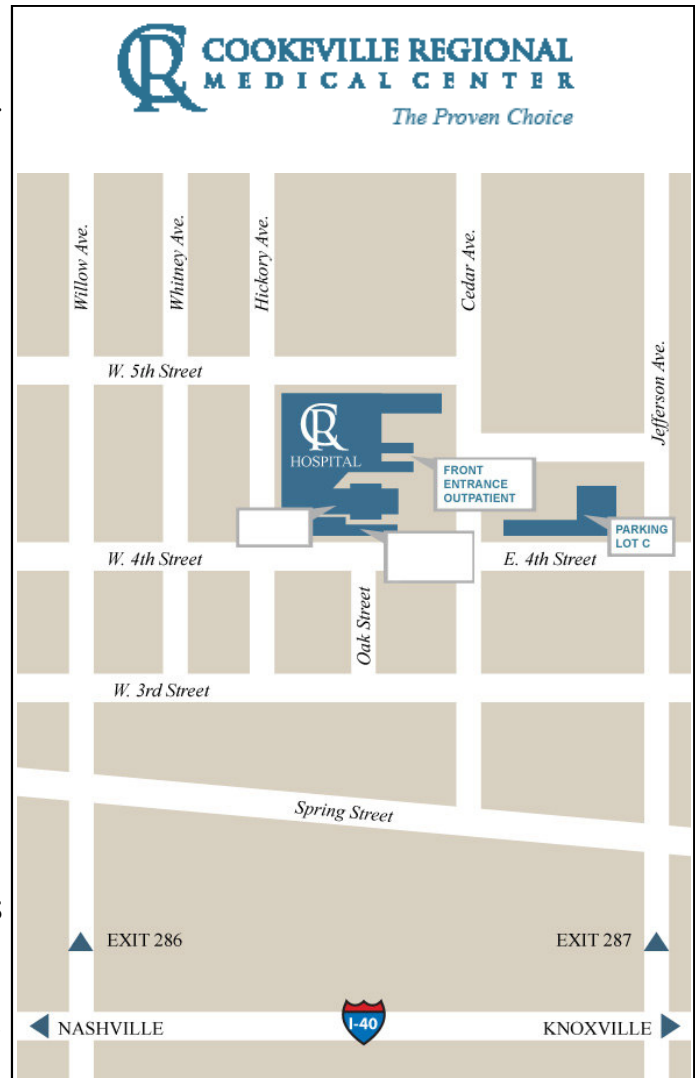
FROM CHATTANOOGA TO BAYMONT INN

Travel Highway 27 North out of Chattanooga toward Soddy Daisy. Go North on Highway 111. Travel Hwy. 111 North to Cookeville. Just south of Cookeville take Hwy. 136 North, This becomes Jefferson Ave. in Cookeville. Baymont Inn will be on your left, past the Highlands 12 Movie Theater and before you get to I-40.

TO AND FROM BAYMONT INN

To get **to Baymont Inn**, take Exit 287 (Hwy 136 N from I-40). Go South (away from town). (From Knoxville, you'll turn left. From Nashville, turn right.) The hotel is on the right, past Waffle House and Country Suites & Inn.

To get **to CRMC from Baymont Inn**, go left out of the hotel entrance onto S. Jefferson Avenue. Go to the town square (approximately two miles) and turn left onto E Spring Street (US 70N). The intersection is at the light past Hardy's. Go approximately 4/10 miles and turn right on to S. Cedar Avenue. (Dairy Queen will be on the left on Spring Street.) There is no traffic light at Cedar. Go through 3 stop signs. Follow instructions for parking. Hospital will be on your left, on the corner of Cedar and 4th St.



PARKING

For those who do not have trouble walking, please park in the Visitor Lot C, which is on the northeast corner of 4th and Cedar. (From Cedar, go through the four-way stop and enter lot on the right. From 4th Street, turn left onto Cedar and enter lot.) For those who have problems walking, park in the lot outside the entrance at 4th & Oak.

MEETING ROOM

Enter the hospital through the large drive-through canopy under a large triangle, which is unmarked. It is located to the left of the triangle called "Emergency." Proceed straight through the open area past the desk. Turn right just past the large desk and then immediately left. You will see a sign at the ceiling, which says "Education Room." Follow the signs to "AAUW."