

Knoxville Area

Referral

Directory for

Consulting

Dietitians

A Registered Dietitian (R.D.) or Licensed Dietitian/Nutritionist (L.D.N.) must:

- ✓ Earn a college degree in nutrition or dietetics
- ✓ Complete an internship OR planned work experience
- ✓ Pass the registration examination of the American Dietetic Association

Registered Dietitians can provide nutrition education and counseling to help clients:

- ✓ Achieve and maintain desired weight
- ✓ Reduce the risk of heart disease
- ✓ Control hypertension
- ✓ Control diabetes
- ✓ Control certain other medical conditions

How can you contact a Registered Dietitian?

You can use this directory to locate the professional you need. The letters following each dietitian's phone number indicate the services provided.

- A. Individual dietary counseling
- B. Group programs, seminars, workshops
- C. Health promotion in industries
- D. Sports nutrition counseling
- E. Computerized diet analysis
- F. Pregnancy and lactation nutrition counseling
- G. Weight management classes
- H. Pediatric nutrition counseling

I. Counseling for specific medical conditions such as allergies, diabetes, cardiovascular disease, hypertension, home tube feeding, etc.

J. Eating disorders counseling

K. Medicare Provider

L. Diabetes self management training

M. Medical Nutrition Therapy (MNT) for Prediabetes

Fort Sanders Regional Medical Center

Contact: Kim Pryor, MS, RD, LDN, CNSD

1901 W. Clinch Avenue

Knoxville, TN 37916

(865) 541-1371

(A, F, I, K)

Kidd & Company

Contact: Janice Kidd, PhD, MBA, RD, LDN

P.O. Box 11243

Knoxville, TN 37939-1243

(865) 584-3438

(B, C, G)

Parkwest Medical Center

Contact: Debbie Fox, RD, LDN, CDE

9352 Parkwest Boulevard, P.O. Box 22993

Knoxville, TN 37933-0993

(865) 373-1074

(A, B, C, I, K, M)

Pediatric Gastroenterology & Nutritional Support, PC

Contact: Jennifer Masters, MS, RD, LDN

2100 W. Clinch Avenue, Suite 230

Knoxville, TN 37916

(865) 522-4116

(A, E, H, I)

St. Mary's Health System

Contact: Teresa McCusker, RD, LDN

900 E. Oak Hill Avenue

Knoxville, TN 37917

(865) 545-8819

(A, B, C, E, G, I, K, M)

Tranquil Eating Associates

Contact: Karen Wetherall, MS, RD, LDN

111 Westfield Road

Knoxville, TN 37919

(865) 974-6256

(A, B, C, D, H, I, J)

University of Tennessee

Graduate School of Medicine

Contact: Jane White, PhD, RD, LDN, FADA

Department of Family Medicine

1924 Alcoa Highway

Knoxville, TN 37930

(865) 305-9350

(A, B, F, G, H, I, J, K, L, M)

University of Tennessee Medical Center

Contact: Virginia Turner, MS, RD, LDN

1924 Alcoa Highway Box 49

Knoxville, TN 37920-6999

(865) 544-9127

(A, B, C, F, I, K, M)

Women's Way: Weight Management Counseling

Contact: Siri Khalsa-Zemel, MS, RD, LDN

1718 St. Mary's Street

Knoxville, TN 37917

(865) 329-8897

(A, B, C, F, G)

Payment is usually based on an hourly rate. A receipt of payment can be submitted to insurance companies for possible reimbursement.

If you have specific nutrition questions but do not wish to receive nutrition counseling, call **Dial-A-Dietitian** at 524-4541. This community service is provided free of charge by the Knoxville District Dietetic Association.

The Knoxville District Dietetic Association is a non-profit professional organization of Registered Dietitians who provide community service and meet regularly for continuing education.

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Referral Directory for Consulting Dietitians

Sponsored by:

*KNOXVILLE DISTRICT
DIETETIC ASSOCIATION*

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