

## Registration:

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone / fax \_\_\_\_\_

Please identify which session you plan to attend:

\_\_\_\_ Recovery: Mental Health Movement

\_\_\_\_ Mental Health 101

## Please RSVP by April 20, 2007

Please mail your check and registration form by **April 20, 2007**:

**FEE: \$15**

Please make checks payable to M.I.A.C.

**Lunch will be provided**

\_\_\_\_ Yes, I will need a vegetarian lunch

Mental Health Association of East Tennessee

Attention: Stacy Hicks

P.O. Box 32731

Knoxville, TN 37930-2731

For questions or comments please call

Stacy Hicks at 584-9125 or [stacy@mhaet.com](mailto:stacy@mhaet.com)



Directions to Cokesbury Center:  
9915 Kingston Pike  
Knoxville, TN 37922

From Interstate 40/75, exit on 376 B toward Maryville Interstate 140 (NOT toward Oak Ridge).

Exit on 1A, **Kingston Pike East**. Cokesbury Center is about 1/8 mile on your left (directly across Kingston Pike from Cokesbury United Methodist Church).

If map of area is needed please call 584-9125 or e-mail [stacy@mhaet.com](mailto:stacy@mhaet.com)

Your organization is invited to present a display at this event. Display space is complimentary with registration. All faith and community organizations are encouraged to participate. If interested, please contact

Stacy Hicks at

**(865)584-9125** or

[stacy@mhaet.com](mailto:stacy@mhaet.com) on or

before

April 20, 2007.

# Breaking the Silence:

## A Continued Dialogue and Learning Event from Faith and Mental Health Communities

Friday, April 27, 2007

8:30 a.m. – 1:30 p.m.

Cokesbury Center  
9915 Kingston Pike  
Knoxville, TN 37922



**\$15.00 Includes Lunch**

**Audience: Clergy members, spiritual leaders, faith community members, friends & family members of mental health consumers, mental health professionals**

**Sponsored by:**

**The Mental Illness Awareness Coalition**

[www.discoveret.org/miac](http://www.discoveret.org/miac)

## Workshop Goals

**Mental illness strikes one in every five Americans in the course of a year. It shows no regard for age, race, gender, nationality, income, or religious belief. Mental illness affects a person's total health and extends to the lives of family and close friends. Members of the faith community and the mental health community are valued allies in helping people get the care and support that they need.**

### **Mental Illness Awareness Coalition Membership Organizations**

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Cherokee Health Systems

Child & Family Tennessee

Friends of Lakeshore, Inc.

Helen Ross McNabb Center

Knoxville Coalition for the Homeless

Lakeshore Mental Health Institute

Mental Health Association of East Tennessee

NAMI-Knoxville

NAMI - Loudon

Peninsula Behavioral Health

Ridgeview

St. Mary's Health Systems

TN Mental Health Consumers Association

TN Voices for Children

The University of Tennessee College of Education, Health & Human Sciences

## Agenda

**8:30 AM** - Registration  
Information Booths and Coffee

**9:00AM – 9:20AM**

- **Welcome**
- **Invocation**

**9:30AM-10:45AM –Breakout Session**

### ***I – Recovery: Mental Health***

**Sheryl McCormick,**

President, *NAMI Knoxville*

Mental health recovery is a journey of healing and transformation enabling a person with a mental health condition to live a meaningful life in a community of his or her choice while striving to achieve his or her full potential.

### ***II- Mental Health 101:***

**Stacy Hicks, MSW, Mental Health**

*Association of East Tennessee*

Learn about what mental illness is. Find how to identify when someone may need help and where to go to get help.

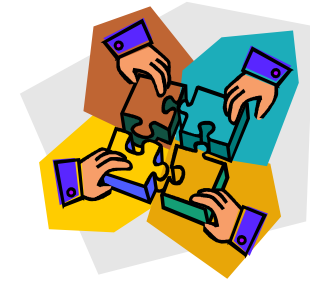
**10:45-11:00 Break**

**11:00 -12:15 Panel Discussion**

*A Unified Approach to Healing:*

*Enhancing Recovery Options*

Panelists will provide a balance of perspectives on how we can work together to promote recovery opportunities. They will relate their messages to spiritual and mental health perspectives.



### **Panelists**

***Moderator-* Sheryl Wurl-** Director of Clinical Pastoral Education, UT Medical Center

### ***Panel Members-:***

**Wendy Besmann,** Regional Chair Advocate, *Tennessee Mental Health Consumer's Association*

**Vicky Carlton** LPC, Administrator of Recovery Services, *Cokesbury United Methodist Church*

**Joan LePage,** MSSW, Social Worker, *James H. Quillen Medical Center*

**Steve Streeter,** Executive Pastor, *Embassy Christian Church*

**12:15- 12:30 Break**

**12:30-1:15 Lunch and Speaker**

**Key Note Speaker-- Rev. George Doebler**

Director of Pastoral Care

*University of Tennessee Medical Center*

***Fostering Healthy Spiritual and Clinical Relationships: How to Benefit People with Mental Health Needs***

**1:15-1:30 Closing Remarks**