



Wesley Neighbors Community Association

A nonprofit corporation chartered in 2001 under the laws of the State of Tennessee

December 2005

Keeping your neighborhood great!

Volume 5, Issue 12

Robin Wilhoit to Speak 5th Annual Holiday Dinner



WBIR Channel 10's Robin Wilhoit

Channel 10 News anchor Robin Wilhoit will be featured speaker at Wesley Neighbors' fifth-annual Holiday Dinner Monday December 5.

Joining WBIR in 1992 as a reporter, she now co-anchors its popular 6 p.m. and 11 p.m. newscasts. She's also WBIR's Health Cast reporter, and she sponsors its successful Buddy Check 10 program.

Catinella's Bistro-Bakery will again host our group. This Italian restaurant is on Sum-

mer Wood Road in West Knoxville, at the intersection of Middlebrook Pike and Chert Pit Road in the Cedar Bluff area.

"Catinella's is one of those places that you feel good about as soon as you walk through the door," says Knoxville's Chef Walter. "Casual atmosphere. Caring family. Great food. Do you see anything here to dislike?"

"Authentic Italian food—the real thing," writes Metro Pulse magazine. "All desserts and menu items are made in-house."

Our Holiday Dinners are excellent ways for neighbors to enjoy neighborliness and friendship in a totally congenial situation. After a year of dedicated community work, it's well deserved.

Dinners are chosen from the regular menu, and guests pay the restaurant directly.

Meet and mingle starts at 6:30 p.m., and orders will be taken at 7 p.m.

Please contact Steve or Brenda Ellis at 584-3082 to let them know you will be going so they can advise the restaurant of how many people to expect.

Vision Statement Drafted For inclusion in our bylaws

The visioning process facilitated by the Center for Neighborhood Development is nearly complete.

After several meetings open to all Wesley neighborhood residents, a vision statement was developed and actions to achieve that vision were laid out.

The following vision statement was approved by members at the Wesley Neighbors November 7 meeting:

"To build community neighborliness, enhance our quality of life, and address our common home values and safety issues."

The four major actions are

traffic safety, sidewalks, improved street lighting, and more participation in the community. Committees are being formed for these purposes.

Wesley Neighbors thanks Jack Creed and Mike Hampton for their outstanding leadership on the visioning process.

We are also grateful to Ed Eckenrod of the Center for Neighborhood Development for proposing and facilitating this important and successful process.

Members voted unanimously at our November 7 meeting to donate \$100 to CND in appreciation.

Walkability Tour Successful Ideas for pedestrian friendliness

After seeing a marvelous slide presentation on the benefits and needs for walkable communities at our October 3 meeting, members agreed to pursue the Knox County Health Department's Walkability Audit.

A neighborhood walk organized by the Health Department was conducted by the Knoxville Knox County Transportation Planning Organization on October 26.

Representatives of the Knoxville Police Department, the West Hills Elementary School, and the Knoxville Engineering Department met Wesley Neighbors in the driveway of Jack and Sherrill Creed at 7009 Sheffield Drive.

The group walked to

Wesley, Rockingham, West Hills, Sheffield, and back to Creed's house, stopping many times along the way to share observations and discuss the neighborhood's walkability.

The Engineering Department agreed to research suggestions to temporarily remark Sheffield Drive to provide a pedestrian lane on one side of the street and to add crosswalks at the intersection of Wesley Road and Sheffield Drive.

We thank Jack and Sherrill Creed for hosting this important community event, and we thank Anna Beth Meccia, Sandy Robinson, Al Robinson, Jenny Roberts, Mike Hampton, and Bill Stack for participating on behalf of Wesley Neighbors.

YOUR NEXT NEIGHBORHOOD EVENT

**5th Annual
Holiday Dinner
Featuring Channel 10's Robin Wilhoit
Monday December 5
Catinella's Restaurant
6:30 p.m.**



Buy flowers to support Wesley Neighbors' beautification activities. Daffodils and daylilies still available. Call Anna Beth Meccia at 909-9456 today!

Holiday Decorating Safety Keeping Our Neighborhood Beautiful



More and more neighbors are enlivening our neighborhood with splendid holiday decorations, and Wesley Neighbors encourages it with a few cautions.

Only appropriate outdoor lights, extension cords, and electric boxes should be used outdoors.

All electrical connections should be above ground and protected from rainwater, snow, and ice, which conduct electricity.

Large displays should be

wired into separate circuits in the house, and no more than three strands of lights should be strung together on a single circuit.

Heavy-duty cords should be used for heavy electrical loads and long distances.

All wiring should be fully intact with no insulation frays or breaks.

Cords should be away from foot traffic or covered to prevent tripping.

Hands and feet should be insulated whenever working with electricity outdoors, even to replace bulbs.

Overzealous decorations can cause traffic congestion in the neighborhood, and excessive lighting can cause fire and shock hazards unless done carefully.

Loud music and sounds are not appreciated.

Keeping Holidays Enjoyable Neighborhood Watch

Criminals love holidays as much as anybody else, but for different reasons.

"Every year, police officers are saddened by people having their holidays ruined by criminal opportunists looking for easy pickings," laments a Neighborhood Watch expert.

Homes left empty while residents visit friends and family are easy marks during holidays. Even houses left empty while residents are at work are enticing to criminals.

Make empty homes seem occupied by leaving "on" an inside light or two and a radio for sound. Timers that turn lights and radios on and off at normal waking hours are ideal for long trips.

Don't leave gifts under a tree in front of a window where criminals can easily see them.

Never leave notes on your

door saying anything like: "We'll be back at 5 p.m." Those notes tell criminals how much time they have to burglarize your home!

Make lists of gifts you bought and their retail values for police and insurance companies.

Don't put boxes that contained expensive products such as computers and DVD players outside with your weekly trash where they announce expensive items available in the house. Cover such boxes with plastic trash bags or cut them up in pieces.

Avoid shopping late and returning to a dark home and neighborhood with a carload of items.

For questions or information, call the Knoxville Police Department's Safety Education Unit at 215-8633.

Buy flowers to help beautify your Wesley Neighborhood. Call Anna Beth Meccia at 909-9456 today!

Buy flowers to help beautify your Wesley Neighborhood. Call Anna Beth Meccia at 909-9456 today!

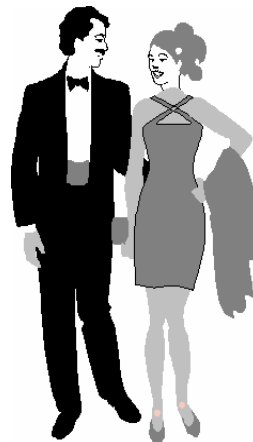


- Organic Produce
- All Natural Groceries
- Supplements
- Body Care
- Lo-Carb Products
- Holistic Medicine
- Cookbooks
- Gifts

"Quality education, service and products for people seeking a healthy lifestyle."

Owned and operated by Ann Yates, a Wesley Neighbor

6600 Kingston Pike (on Bearden Hill)
584-4714, www.naturespantryonline.com



Be the Talk of the Town!

With Professional
Dry Cleaning

Drapery Specialists

1-Day Shirt Service

15% Off

Any Cleaning

With This Coupon

(valid until Dec 31, 2005)

West Hills Cleaners

Wesley Neighbors Community Association
Newsletter December 2005

Serving West Hills Since
1967

"If we can't clean it,
it isn't dirty."

West Hills Cleaners

7343 Kingston Pike
Across from the Gallery
588-7315

People Who Make Us Successful Message From Your President



After spending a year working hard to maintain and improve our lovely community, we find the holiday season ideal for resting a bit and enjoying one another's friendship.

That's the main reason that we have a Holiday Dinner instead of a December meeting and that we avoid discussing official community business there.

This season is also ideal for thanking people who have significantly helped us lead, maintain, and improve our community. The leadership list is long, so I'll simply present names in no particular order:

Steve Ellis, Sandy Robinson, Al Robinson, Anna Beth Mencia, Tom Arnhart, Sue Arnhart, Jack Creed, Sherrill Creed, Mike Hampton, Brenda Ellis, Mary Slover, Linda Stack, Brian Huskey, Jennifer Huskey, Bradley Roberts, Jenny Roberts, Kathryn Kinnard, John Heins, Jim Boehms.

Also, we appreciate everyone on the Newsletter Team, the Anti-Litter Team, the Beautification Committee, the Fund-raising Committee, and the Flower Sale for getting things done when needed. There isn't enough room to name them all.

Finally, we thank everyone for their generous cash donations to the association, especially Wallace Conaway, Mike Hampton, and Mike and Lisa Carroll.

Without these people, the Wesley Neighbors Community Association would have few achievements to speak about.

— *Bill Stack*

Keeping Holidays Fun for Kids Child Safety

Holidays that should be exciting for children can turn to tragedies when simple precautions are overlooked.

For anybody thinks these guidelines are "no brainers": They all originate from actual, preventable accidents in which innocent children were tragically injured!

All toys given to children as holiday gifts should be fundamentally safe and appropriate for their ages. Toys too advanced for the child's age present avoidable safety hazards.

Beware of toys with small parts that can be swallowed and sharp edges and points that can puncture skin and eyes.

Check packages for age recommendations and clear instructions for the children to read and follow.

Beware of gifts that encourage aggression such as knives, guns, and ninja weapons unless appropriate for the child's maturity.

Discard plastic wrappings immediately to avoid choking and smothering hazards.

Safety gear such as bicycle helmets and skateboard knee pads are wise supplemental gifts.

Children should be adequately instructed and supervised for their ages whenever using toys that presents any hazards. Children are vulnerable to dangerous shocks from toys requiring electrical connections. Kids riding scooters, bicycles, skateboards, and skates in streets are vulnerable to being struck by cars. They should never be allowed to play near fireplaces, kerosene heaters, or in kitchens.

For more information, contact Safe Kids of Knoxville at 215-5175 or www.safekids-knoxarea.org, and the Knoxville Police Department Safety Education Unit at 215-8633.



Join the West Side Family YMCA today. We offer activities for the whole family! Check out the latest in group exercise — RAMPING!

"Family Friendly for Life"

400 N. Winston Road

Knoxville, TN 37909

690-9622

www.ymcaknoxville.org

Membership Includes

- Citywide Membership
- Member Rates on all Programs
- FREE Equipment Evaluation & Orientation
- Indoor & Outdoor Pool
- Child Watch
- Gymnasium
- Group Exercise
- Spinning
- Full Fitness Center
- No Contracts



The mission of the YMCA is to put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

Brenda's Turkey Enchiladas

A Post-Holiday Delight!

Neighbors' Recipes



Generously shared
by Brenda Ellis

Any amount of leftover cooked turkey or chicken
Corn tortillas
1 4-ounce can diced green chiles
Shredded Mexican cheese
3 Tablespoonfuls Mayfield onion dip
1 10-ounce can green chile enchilada sauce
1 10-3/4-ounce can Creamy Chicken Verde soup (new from Campbell's)
1 teaspoonful mild or hot salsa

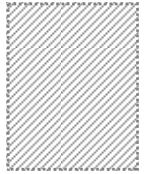
1. Mix the can of green chile enchilada sauce with 1/2 can of chicken Verde soup.
2. Pour this mixture in the bottom of an 8x12-inch pan.
3. Microwave one corn tortilla for 10 to 20 seconds on "high" until flexible.
4. Place some turkey (or chicken), some diced green chiles, and some Mexican cheese inside the tortilla.
5. Roll up and place seam side down in the bake dish.
6. Repeat with each corn tortilla until dish is full.
7. Mix the other half of the soup, red hot salsa, and green salsa in a small bowl and pour over your enchiladas.
8. Top with Mexican cheese.
9. Bake 375 degrees for 15 minutes of until hot.
10. Serve with sour cream and salsa.

Share your recipe with us by phoning Brenda Ellis at 584-3082 or dropping it in her newspaper box at 6913 Sheffield Drive.

Wesley Neighbors

Community Association

Bill Stack, President
916 Wesley Road
Knoxville, TN 37909-2663



Your Officers



PRESIDENT
Bill Stack
916 Wesley Road
Knoxville, TN 37909
558-6280
wesley@discoveret.org



VICE PRESIDENT
Steve Ellis
6913 Sheffield Drive
Knoxville, TN 37909
584-3082



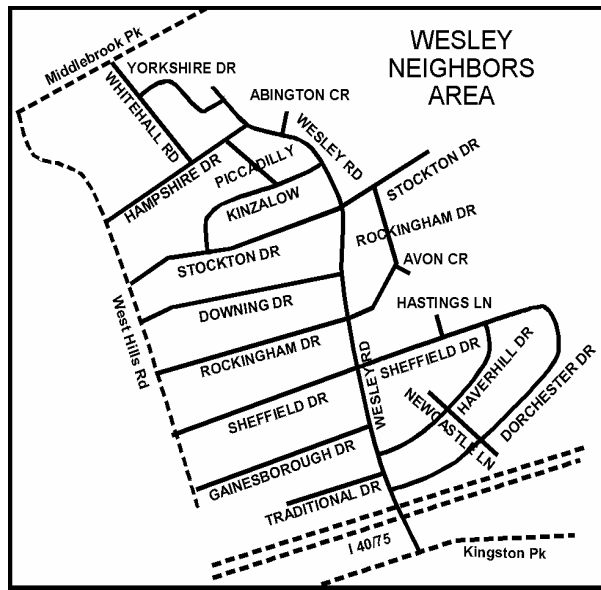
TREASURER
Sandy Robinson
7106 Sheffield Drive
Knoxville, TN 37909
588-2334



SECRETARY
Anna Beth Meccia
406 Wesley Rd
Knoxville, TN 37909
909-9456

Our Web Site

www.discoveret.org/wesley



Your Neighbor Teams Dues, Contributions

NEWSLETTER DISTRIBUTION
Steve Ellis, 584-3082.

ANTI-LITTER
John Heins, 389-9700
Jim Boehms, 588-8448

BEAUTICATION
Sandy Robinson, 588-2334

FLOWER SALE
Anna Beth Meccia, 909-9456

Annual dues are \$10. Our fiscal year starts May 1 and ends April 30. Additional contributions are always welcomed.

Please write your checks to "Wesley Neighbors Community Association," write "dues" in the memo line, and mail to Bill Stack, President, 916 Wesley Road, 37909.

CLASSIFIEDS

BABYSITTERS NEEDED.
Parents request neighborhood teens for babysitting. Contact Wesley Neighbors for details: wesley@discoveret.org, 558-6280.



LOOK LIKE SOMEBODY IMPORTANT.
Show your pride in your neighborhood and help your association raise needed

funds. Sky blue with black Wesley logo, S, M, L, XI, XXL. Made by Tribe One, a ministry helping inner-city youth. \$10 each. Contact Bill Stack, 558-6280 or

DONATE A CAR. The Boys & Girls Clubs of the Tennessee Valley need donations of reliable vehicles their staff can use for work-related tasks in surrounding counties. Contact Anna Beth Meccia at 544-3825, ext. 221.

WELCOME NEW NEIGHBORS.
If you know of new neighbors, please tell us so we can officially welcome them to our neighborhood. Contact Bill Stack, 558-6280, wesley@discoveret.org.